

DISCIPLESHIP

MAKING
DISCIPLES

HEAD, HEART & HANDS

LOVING & OBEYING GOD WITH...



HEAD (Knowledge & Understanding)

- What jumped out to you in the passage?
- What questions do you have from the passage?
- What does this passage teach us about God?
- How does this challenge your current thinking?



HEART (Transformation & Conviction)

- How does this impact your emotions or desires?
- What does the passage teach you about people?
- What might God be asking you to change or confess?



HANDS (Action & Application)

- How will you apply this truth this week?
- Who can you serve based on what you've learned?
- What specific step of obedience will you take?

DISCIPLESHIP MEETING GUIDE

BEFORE MEETING:

- Pray for your disciple and choose a Bible passage to read with them. (*Or set program*).
- Is there anything you sense God is wanting to challenge or speak into during the meeting?
- Choose a meeting location that is comfortable for the person, a location with little outside stimulation.

DURING MEETING:

1. **Connect** (15 min)
 - Check in on previous conversations
 - Share life updates
2. **Explore** (30 min)
 - Read the Bible passage together
 - Ask HEAD questions
 - Ask HEART questions
 - Ask HANDS questions
3. **Commit** (15 min)
 - Choose one specific application
 - Write it down
 - Pray for strength to obey

AFTER MEETING:

1. Check in midweek- Send an encouraging message asking specifically about their application commitment and offering support.
2. Pray intentionally- Spend dedicated time praying for your disciple's specific growth areas, challenges and application points.
3. Prepare thoughtfully - Review your last meeting, think about how you handled the content, what could you have done to help the individual engage or respond well. Pray about Scripture for next time.